

RSU 83/MSAD 13 (Bingham, Moscow) – www.sad13.org
BREAKFAST/LUNCH MENU
WEEK OF JANUARY 29—FEBRUARY 2, 2024

	<i>BREAKFAST</i>	<i>LUNCH</i>	
Monday 1/29/24	Cereal/WG Toast Fresh Fruit Juice/Milk	Cheeseburger on WG Bun Chips/Grape Tomatoes/Ranch Fruit/Milk Choice	
Tuesday 1/30/24	Eggo Waffles/Syrup Fresh Fruit Juice/Milk	Beef Stew/WG Bread Cucumbers/Ranch Fruit/Milk Choice	
Wednesday 1/31/24	Cereal Pumpkin Muffin Fresh Fruit/Juice/Milk	Spaghetti W/Meat Sauce Broccoli/Garlic Bread Fruit/Milk Choice	
Thursday 2/1/24	Cereal English Muffin Fresh Fruit/Juice/Milk	Chicken Teriyaki/Green Beans Buttered Noodles Fruit/Milk Choice	
Friday 2/2/24	Cheese Omelet Bagel/Cream Cheese Fresh Fruit/Juice/Milk	Popcorn Chicken/Dipping Sauce Pasta Salad/Baby Carrots/Ranch Fruit/Milk Choice	“Hawaiian Day” Friday

***Menu subject to change without notice.**
Peanut butter and jelly or ham and cheese as an alternative lunch at all schools.
“MSAD 13 is a tobacco free environment.”

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA’s TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339. To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant’s name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by: **mail:** U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or **fax:** (833) 256-1665 or (202) 690-7442; or **email:** program.intake@usda.gov This institution is an equal opportunity provider.