

**MSAD # 13 / RSU #83
Health Alert**

**Procedure of Ill Students with Influenza-Like Illness
Notice to Parents
<Date>**

The procedure we will be following at school when a student presents as ill in the school office will be to take their temperature first. Influenza-like illness is characterized by fever 100 degrees or higher and a cough or sore throat. Other symptoms such as headache, body aches and fatigue may also be present. We will call the parent to come and get their child if the child's temperature is 100 degrees or higher. Students may also be sent home with single symptoms, even without a fever, if they are uncomfortable but this notice is to specifically address fever-related illness.

- We will isolate the student from others by at least 6 feet if able. This will be away from others in the class or in another room. If your child is coughing, an ear loop procedure face mask will be given to your child. The school nurse tracks illnesses that present in school and she will be informed of your child's illness.
- The school secretary and school nurse both watch the absentee rate every day to determine when to notify the Center for Disease Control in Maine regarding increases in illnesses. Please contact your child's school if they are out ill.
- If a student has a fever, she/he will **NOT** be allowed back in to the classroom to retrieve items.
- The parent will be given informed of the newest CDC Guidelines to answer questions about re-admission to school.
- Please continue to be vigilant in respiratory hygiene so we may keep illness to a minimum this year. The school staff members are following the same rules as the students.

As a reminder for all illnesses, it is the school policy that any child with a fever, vomiting or diarrhea will be immediately dismissed from school. Children should not return to school until they are symptom free for at least 24 hours. Students must have **not** had any fever, vomiting, or diarrhea for a **full 24 hours** before they may return to school. This means if your child has a fever in the evening but does not have one in the morning he/she must still remain out of school for that day. If the fever does not return, he/she may return to school the following day. Because illness can travel so quickly between children, we will be very strict in enforcing this policy.