

## IMPORTANT INFORMATION FOR FAMILIES: Food Assistance During the Government Shutdown

If you or your family are worried about food during the government shutdown, help is available.

- School Meals will Remain Available for All Students
  All students can still get free breakfast and lunch at school
  every day.
- Find Local Food Assistance

If your family needs food support, call 211, or visit the Good Shepherd Food Bank's Food Pantry Locator to find help near you. Visit <a href="www.gsfb.org/get-help/food-map">www.gsfb.org/get-help/food-map</a> or scan the QR code.



## General Assistance

Families can apply for General Assistance, which can help meet basic needs including food, housing, utilities, medical costs and more. Visit <a href="https://www.maine.gov/dhhs/ofi/programs-services/general-assistance">www.maine.gov/dhhs/ofi/programs-services/general-assistance</a>.

## • Continue to Apply or Renew SNAP Benefits

You can still apply for or renew SNAP during the shutdown. If you qualify, doing this now will help make sure your benefits are ready as soon as funding resumes. Apply or renew at: <a href="https://www.mymaineconnection.gov">www.mymaineconnection.gov</a>.