



**MSAD 13**  
**SUMMER BREAKFAST/LUNCH MENU**  
**July 15,-July 17, 2025**



|   | <b>TUESDAY<br/>JULY 15</b>   | <b>WEDNESDAY<br/>JULY 16</b>   | <b>THURSDAY<br/>JULY 17</b>  |
|---|--|--|--|
| <b>BREAKFAST</b><br> | Cereal<br>WG Toast<br>Fresh Fruit<br>Juice/Milk                    | Omelet<br>Hashbrown<br>Fresh Fruit<br>Milk   | Blueberry Muffin<br>Yogurt<br>Fresh Fruit<br>Milk                                      |
| <b>LUNCH</b><br>     | Hotdog on WG Bun<br>Carrot Sticks<br>Ranch<br>Fruit<br>Milk Choice | Ham and Cheese on<br>WG Bun<br>Snap Peas<br>Ranch<br>Chips<br>Fruit<br>Milk Choice | WG Stuffed Crust<br>Pizza<br>Cucumber Sticks<br>Ranch<br>Chips<br>Fruit<br>Milk Choice |

**Breakfast from 8:30-8:50 a.m.**

**Lunch from 11:00-11:20 a.m.**

**FREE SUMMER MEALS (LUNCH ONLY) for children available from 1:00 to 2:00 pm  
at Quimby field every Tuesday, Wednesday, Thursday until July 24<sup>th</sup>!**

**\*Menu subject to change without notice.  
“MSAD 13 is a tobacco free environment.”**

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