

RSU 83/MSAD 13 (Bingham, Moscow) – www.sad13.org
BREAKFAST/LUNCH MENU
WEEK OF NOVEMBER 27-DECEMBER 1, 2023

	<i>BREAKFAST</i>	<i>LUNCH</i>	
Monday 11/27/23	Cereal/WG Toast Fresh Fruit Juice/Milk	Cheeseburger on WG Bun Onion Rings/Baby Carrots/Ranch Fruit/Milk Choice	
Tuesday 11/28/23	Egg Patty English Muffin Fresh Fruit/Juice/Milk	Ham & Cheese/WG Bread Chips/Cucumbers/Ranch Fruit/Milk Choice	
Wednesday 11/29/23	Yogurt Cup Pumpkin Muffin Fresh Fruit/Juice/Milk	Chili/WK Corn Corn Muffin Fruit/Milk Choice	
Thursday 11/30/23	Cereal Bagel/Cream Cheese Fresh Fruit/Juice/Milk	Chicken Quesadilla Grape Tomatoes/Ranch Fruit/Milk Choice	
Friday 12/1/23	Scrambled Eggs WG Toast/Fresh Fruit Juice/Milk	Teriyaki Chicken Asian Noddle Salad Stir-Fry Vegetables Fruit/Milk Choice	“Flannel Day” Friday

***Menu subject to change without notice.**
Peanut butter and jelly or ham and cheese as an alternative lunch at all schools.
“MSAD 13 is a tobacco free environment.”

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